



Hopkinton Elementary School's Lunch Menu: February 2019



All students will be offered all of the items listed below and will have the choice to choose at least 3 of the items listed; 1 choice must be 1 full serving of a fruit, vegetable or a combination of both. A student may opt to choose all menu items listed, but on a "choice of" day, students will be limited to one main entrée item. Menus are subject to change without notice due to item availability.

*All meals meet the nutrition standards set forth by the Healthy, Hunger-Free Kids Act of 2010.

*Free/Reduced lunch applications may be submitted at any time throughout the school year. Food allergies must be documented with the school nurse and the Food Service Director.

Student Breakfast: \$1.50

Student Lunch: \$2.75

Additional Entrée: \$2.50

Milk Only: \$.60

Adult Breakfast: \$2.00

Adult Lunch: \$3.75

Available Daily: Sunbutter/Jelly Sandwich (*Vegetarian*) **Alternate Entrees** (please view "alternative entrée menu for weekly/daily selections)

Alternate Menu Week #	Monday	Tuesday	Wednesday	Thursday	Friday
	REMEMBER TO PRE-PAY FOR MEALS! Track transactions and pay online @ MySchoolBucks.com				1. <u>Football Friday!!</u> Football Shaped Chicken Nuggets Assorted Dipping Sauces Touchdown Tater Tots Tom's Toss Garden Salad 
					Hot Vegetarian Entrée: Black Bean Burger
#1	4. Goldfish Grilled Cheese Choice of: Chicken Noodle Soup or Tomato Soup Sweet Potato Fries	5. Hot Dog Homemade Baked Beans Sweet Corn on the Cob	6. Homemade Mac n' Cheese Roasted Broccoli Warm Dinner Roll Black & White Pudding Parfait	7. Chicken Nugget Combo (Nuggets & Mozzarella Sticks) Italian Green Beans	8. Homemade Pizza! Cheese, Pepperoni or BBQ Chicken Crispy Crinkle Fries Side Garden Salad w/Italian
	Hot Vegetarian Entrée: Grilled Cheese & Tomato Soup	Hot Vegetarian Entrée: Black Bean Burger	Hot Vegetarian Entrée: Mac n' Cheese	Hot Vegetarian Entrée: Breaded Veggie Nuggets	Hot Vegetarian Entrée: Cheese Pizza
#3	11. Taco & Scoops Fiesta Corn Spanish Rice	12. Pasta with Meatballs Seasoned Peas & Carrots Garlic Texas Toast	13. Popcorn Chicken Assorted Dipping Sauces Fresh Broccoli Salad Garlic Mashed Potatoes	14. Fluffy Pancakes Sausage Links Harvest Home Fries Strawberries & Cream Cup 	15. "Big Daddy's" Pizza Cheese or Pepperoni Parmesan Butternut Squash Gratin Steamed Green Beans
	Hot Vegetarian Entrée: Cheddar Cheese Sauce & Scoops	Hot Vegetarian Entrée: Pasta w/Veggie Meatballs	Hot Vegetarian Entrée: Breaded Veggie Nuggets	Hot Vegetarian Entrée: Pancakes & Home Fries	Hot Vegetarian Entrée: Cheese Pizza
	Vacation	Vacation	Vacation	Vacation	Vacation
#2	25. Chicken Patty Sandwich Or Chicken BLT (elmwood/hopkins only) Smiley Fries Roasted Carrots	26. Beef Nachos Mexican Black Beans Buttery Corn	27. Asian Chicken: Mandarin or Teriyaki Dippers Fluffy Brown Rice Chinese Style Vegetables	28. Deep Dish Pizza; Cheese or Pepperoni Cheesy Broccoli	1. <u>Dr. Seuss Day!</u> Confetti Mini Pancakes Scrambled Green Eggs & Ham Crispy Tater Tots 100% Apple Juice "Cat in Hat" Jello Parfait 
	Hot Vegetarian Entrée: Black Bean Burger	Hot Vegetarian Entrée: Nachos w/Cheese Sauce	Hot Vegetarian Entrée: Mandarin "Chicken" Strips	Hot Vegetarian Entrée: Cheese Pizza	Hot Vegetarian Entrée: Pancakes, Green Eggs (no ham)

All meals come with either fresh or chilled fruit (unless otherwise noted) and choice of 8oz milk (Skim white, 1% white, fat free flavored milk)

Harvest of the Month: *Butternut Squash!*