



Hopkinton Elementary School's Lunch Menu: December 2018



All students will be offered all of the items listed below and will have the choice to choose at least 3 of the items listed; 1 choice must be 1 full serving of a fruit, vegetable or a combination of both. A student may opt to choose all menu items listed, but on a "choice of" day, students will be limited to one main entrée item. Menus are subject to change without notice due to item availability.

*All meals meet the nutrition standards set forth by the Healthy, Hunger-Free Kids Act of 2010.

*Free/Reduced lunch applications may be submitted at any time throughout the school year. Food allergies must be documented with the school nurse and the Food Service Director.

Student Breakfast: \$1.50

Student Lunch: \$2.75

Additional Entrée: \$2.50

Milk Only: \$.60

Adult Breakfast: \$2.00

Adult Lunch: \$3.75

Available Daily: Sunbutter/Jelly Sandwich (*Vegetarian*) **Alternate Entrees** (please view "alternative entrée menu for weekly/daily selections)

Alternate Menu Week #	Monday	Tuesday	Wednesday	Thursday	Friday
#2	3. Crispy Chicken Patty Crinkle French Fries Honey Glazed Carrots	4. Homemade Mac n' Cheese Side Italian Garden Salad Fresh Baked Cornbread	5. Choice of: Mandarin Orange Chicken or Teriyaki Chicken Dippers Vegetable Fried Rice Steamed Broccoli & Cauliflower	6. Hot Dog Italian Pasta Salad Homemade Baked Beans	7. Pizza Day! Deep Dish Pizza; Cheese, Pepperoni or Peppers/ Onion Roasted Rainbow Carrots Honey Roasted Chickpeas
	Hot Vegetarian Entree: Eggplant Patty Sandwich	Hot Vegetarian Entree: Mac n' Cheese	Hot Vegetarian Entree: Teriyaki Veggie Meatballs	Hot Vegetarian Entree: Black Bean & Salsa Burger	Hot Vegetarian Entree: Cheese or Pepper/Onion Pizza
#3	10. Chicken Nugget Combo (Nuggets & Mozz.Sticks) Assorted Dipping Sauces Cheesy Broccoli	11. Beef Nachos; Taco Seasoned beef and cheddar cheese sauce over tri-color corn chips Fiesta Corn Spanish Rice	12. Grilled Cheese Sandwich with <i>choice of</i> Chicken Noodle Soup or Tomato Soup Italian Green Beans Jello Parfait	13. Choice of: Pasta with Meatballs or Italian Cheese Sauce Honey Wheat Dinner Roll Side Caesar Salad	14. Pizza Day! Homemade Pizza; Cheese, Pepperoni or BBQ Chicken Chickpea Salad Sweet Potato Fries
	Hot Vegetarian Entree: Mozzarella Sticks (5ct)	Hot Vegetarian Entree: Bean Burrito	Hot Vegetarian Entree: Grilled Cheese & Tomato Soup	Hot Vegetarian Entree: Pasta w/Italian Cheese Sauce	Hot Vegetarian Entree: Cheese Pizza
#1	17. Popcorn Chicken Loaded Mashed Potatoes Seasoned Green Peas	18. Cheese Ravioli with Spaghetti Sauce Garlic Breadstick Seasoned Mixed Vegetables	19. French Toast Sticks Sausage Links Harvest Home Fries Warm Cinnamon Pears	20. Pizza Day! "Big Daddy's" Bold Pizza; Cheese or Pepperoni Fresh Broccoli Salad	21. Holiday Chicken Nuggets Smiley Fries Maple Glazed Carrots Holiday Cookie Treat
	Hot Vegetarian Entree: Black Bean & Salsa Burger	Hot Vegetarian Entree: Cheese Ravioli & Garlic Breadstick	Hot Vegetarian Entree: French Toast Sticks	Hot Vegetarian Entree: Cheese Pizza	Hot Vegetarian Entree: Grilled Cheese Sandwich
	24. Happy Holidays! ~Winter Break~	25. Happy Holidays! ~Winter Break~	26. Happy Holidays! ~Winter Break~	27. Happy Holidays! ~Winter Break~	28. Happy Holidays! ~Winter Break~
	31. Happy Holidays! ~Winter Break~	1. Happy Holidays! ~Winter Break~	REMEMBER TO PRE-PAY FOR MEALS! Track transactions and pay online @ MySchoolBucks.com		

All meals come with either fresh or chilled fruit (unless otherwise noted) and choice of 8oz milk (Skim white, 1% white, fat free flavored milk)

Harvest of the Month: Carrots!